

Antelope Valley High Desert Cyclists



Presents:

The Antelope Valley Fall Century

Saturday, October 11, 2008

There will be three rides:

- *The 26 mile “out and back” starts in Lancaster and follows the same route as the centuries take, the course is flat and fast with good roads, there is a rest stop at the turn around point. Lunch will be served at the finish.*
- *The Metric Century starts in Lancaster and travels through the hills and desert terrain behind Rosamond, by the old Tropic Mine then returns. This is a fun and scenic route with 1050 ft of climbing. Lunch will be served at the finish.*
- *The Century starts in Lancaster and winds its way through the windmills to Tehachapi. The return trip provides a breathtaking view of the Antelope Valley as it descends back to the valley floor. This challenging ride has 5040 ft of climbing through varied terrain. Lunch will be served at the finish.*

Riders may leave between 7:00 – 9:00 am with the course being closed by 6:00 pm. We will ride wind, rain or shine. This is a fun ride NOT a race. Helmets are required and riders must obey all traffic signals and laws.

Pre-registration fee is \$35.00 if received by Saturday Sep 27th, 2008. Registrations received after Sep 27th or the day of the event is \$40.00. Included in the cost is SAG support, Rest Stops, post event Lunch and a T-Shirt. Register on line at active.com or fill out the registration form for this event. Registration is limited and there are no refunds.

Directions to event:

The start for all three rides is at the Gil's Bike Shop Parking Lot (High Desert Medical Group Shopping Center), 43791 N 15th Street West, Lancaster Ca, Just north of Avenue K.

From the 14 Frwy heading north take the K St exit and proceed straight at light along 15th St approx ½ mile and turn left into High Desert Medical Group Shopping Center parking lot.

If heading south on the 14 frwy take the K St exit and turn left onto K St, proceed under the frwy then turn left on 15th St (first traffic light) and go approx ½ mile then turn left into the High Desert Medical Group Shopping Center parking lot.

The Antelope Valley Fall Century - Registration Form

Saturday, October 11, 2008

There will be three rides:

- 26 mile out and back along the same route as the centuries take, the course is flat with good roads – Rest Stop at the turn around point and lunch at the finish
- Metric Century from Lancaster to Rosamond by the old Tropico Mine and return, approximately 1050 ft of climbing with moderate grades – Two rest stops provided and lunch at the finish
- Century from Lancaster to Tehachapi and return, 5040 ft of climbing with varied terrain, this is a challenging ride – Four rest stops plus lunch at the finish provided

Riders may leave between 7:00 – 9:00 am with the course being closed by 6:00 pm.

Pre-registration fee is \$35.00 if received by Saturday Sep 27th, 2008. Registration received after Sep 27th or the day of the event is \$40.00. Riders will be required to fill out a one day USA Cycling license form and event waiver the day of the event. We will ride wind, rain or shine. Registration is limited and there are NO REFUNDS. Please do not send cash, make checks payable to High Desert Cyclists and mail to:

High Desert Cyclists
P.O. Box 8698
Lancaster, Ca 93539-8698

This is a fun ride NOT a race. Helmets required, riders must obey all traffic signals and laws.

Check Choice of Ride: (\$35 if by Sep 27th, 08; \$40 if after)

- 26 Mile Ride
- Metric Century
- Century \$ _____
- T-Shirt Size (one shirt included) S M L XL XXL

T-Shirt Order(Additional Shirts):

- Event T-Shirt No _____ (\$12 each) \$ _____
- T-Shirt Size S M L XL XXL

Total Fee: \$ _____

Name: _____ Age: _____

Address: _____

This contract limits A.V. High Desert Cyclists' liability. Read it carefully before signing.

In consideration of acceptance for entry in the above event, I hereby waive, release, and discharge any and all claims for damages of death, personal injury or property damage which I have or which I may hereafter accrue to me, as a result of my participation in this event. This release is intended to discharge in advance the A.V. High Desert Cyclists bicycle club and its individual members, the promoters, the sponsors, the USA Cycling / USCF / NORBA, the officials, and any involved municipalities, or other public entities, and their respective Directors Officers, agents, and employees, from and against any and all liability rising from negligence or carelessness during this event, to the design of the course, obstacles on the course, or marshaling of the public on the course.

I further understand that serious accidents occasionally occur during bicycle events; and that participants in bicycle riding occasionally sustain mortal or serious injuries and or property damage, as a consequence thereof. Knowing the risk of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all the persons or entities mentioned above who through negligence or carelessness might otherwise be liable to me or my heirs or assigns.

I agree to accept and abide by the rules and regulations of A.V. High Desert Cyclists bicycle club and USA Cycling.

I hereby acknowledge that I have read the foregoing and the contents thereof, and further understand the limitations on the liabilities provided for thereby.

Signature: _____

Date: _____

If the rider is a minor, the parent or guardian must sign:

Parent or Guardian: _____

Date: _____